

EAT



SMALL/SHAREABLE

FRIED BRUSSELS 14
Brussels sprouts, bacon, parmesan, lemon, crushed red pepper (*GF)

CRISPY TOFU 12
organic tofu from Ithaca Soy, mango gastrique, cashew, jalapeño, scallion, cilantro (*V, GF)

TOTCHOS (SMALL/LARGE) 10/14
tater tots, bacon, cheddar cheese, scallions, jalapeño, lime crema

TOTS CON QUESO 10
signature tots served with house cheese dip

CHICKEN BITES 14
buttermilk-marinated chicken fried to golden brown with house ranch and BBQ sauce

MAC & CHEESE 11
cheddar and smoked gouda mac topped with crispy panko (add BBQ pulled pork, Brussels, bacon, spiced taco beef or crispy tofu \$4)

WARM BREAD BASKET 5/9
Tribeca - Oven baguette with whipped honey butter

SANDWICHES SERVED WITH TOTS

ATLAS BURGER (SINGLE/DOUBLE) 13/17
¼lb patty, American cheese, lettuce, crispy onions, tomato and bacon aioli, grilled sesame seed bun

FRIED CHICKEN SANDWICH 16
buttermilk and herb marinated chicken breast fried to golden brown, lettuce, brioche bun
Choice of:

CLASSIC with dill pickles and house-made ranch
SPICY with jalapeño, spicy pickles and chipotle ranch

BLACK BEAN BURGER 14
house-made vegetarian patty on brioche bun with cheddar, chipotle sour cream, pickled jalapeños, pickled red onion and romaine lettuce (*veg, *contains egg)

BBQ PORK SANDWICH 15
slow-cooked pork shoulder and tossed with sweet and tangy BBQ sauce. topped with citrus slaw and pickled onions

PORTOBELLA MUSHROOM SANDWICH 16
Balsamic roasted portobella cap topped with roasted red pepper, brie cheese and arugula. Served on a toasted brioche bun with pesto mayonnaise.
Request it Vegan

SIDES

SIDE SALAD 6 **SIDE OF TOTS** 6

RICE & BEANS 6 **SIDE OF FRIES** 6

QUESO 4

SOUP/SALAD

WHITE CHICKEN CHILI (CUP/BOWL) 7/11
tender chicken, white beans, green chilies, lime crema, cilantro chimichurri

VEGAN CURRY (CUP/BOWL) 7/11
coconut milk, Ithaca Soy tofu, mushroom, bell pepper, onion, basil, lime, topped with toasted cashew and rice (*V)

ATLAS CAESAR (SMALL/LARGE) 9/15
traditional romaine Caesar with housemade croutons and shaved parmesan

GARDEN SALAD (SMALL/LARGE) 9/15
mixed greens tossed with balsamic vinaigrette, cucumber, grape tomato, carrot, red onion

ADD TO SALADS 7

SHREDDED CHICKEN
poached and chilled

FRIED TOFU
Organic from Ithaca Soy

MAHI MAHI
beer-battered and fried

FRIED CHICKEN
buttermilk-marinated and fried

STEAK
seared flank steak

BLACKENED SALMON
flaked and chilled

SELECT FROM TACOS OR A BOWL

BOWLS

Your choice of protein on a bed of beans & rice, topped with pico de gallo, chilli con queso, lime crema, chimichurri and shredded lettuce.

TWO TACOS

 Served on corn tortillas with side of beans & rice

CARNE ASADA

with corn elote, lime crema, cilantro chimichurri and pickled onions

CARNITAS

with citrus slaw and lime crema

CHICKEN MOLE

with house queso fresco, pickled onion and fresh cilantro

CALABACITAS

with pico de gallo and chimichurri

BAJA FISH

with pico de gallo, shredded lettuce and chimichurri

BLACKENED SALMON

topped with spicy corn salsa, citrus slaw and lime crema

CHOICE OF PROTEIN:

CARNE ASADA

flank steak marinated, spiced & seared

18

CARNITAS

slow-cooked pork shoulder

17

CALABACITAS

Squash and zucchini sauteed with onion, pepper, corn, tomato & garlic

16

CHICKEN MOLE

Shredded poached chicken breast in mole sauce

18

BAJA FISH

Beer battered and fried Mahi-Mahi

18

BLACKENED SALMON TACOS

Salmon blackened with Cajun spices and flaked apart

18